



WELLINGTON COLLEGE  
INTERNATIONAL  
SHANGHAI

**Wellington College International Shanghai**  
**2025-26 Co-Curricular Activities**  
**Primary Guide (Y2 – Y6)**

## INTRODUCTION

Welcome to our Co-Curricular Activities Guide for the 2025–2026 school year at Wellington College International Shanghai. We are proud to offer one of the broadest in-school CCA programmes in China, featuring elite sports, academic competitions, performing arts productions, and a wide range of enrichment activities for all pupils.

Our CCA & Enrichment team—comprising dedicated administrators, school leaders, and the majority of academic staff—works closely with high-quality external partners to deliver more than 200 activities each week across the College.

We hope and expect that all Wellingtonians will take full advantage of the opportunities available to grow, make friends, learn, excel, and develop as well-rounded individuals. A well-rounded child is a happier, more resilient, and ultimately more successful young person. Whether on stage, on the court, or in the classroom, there is something for everyone. We encourage pupils not only to nurture their existing passions and develop their skills but also to explore new activities whenever possible.

The enrichment programme for Year 1 pupils is integrated into the school day. Year 2 and 3 pupils may participate in a maximum of two CCA activities per week to maintain a balanced load, while those in Years 4–13 may join additional activities in the week as their schedules allow.

Balance is key to success. Alongside their passions and pursuits of excellence, pupils also need time for rest and recovery. A healthy and meaningful *Wellington Week* should incorporate a child's passions, a pursuit of excellence, growth opportunities, challenges to overcome as well as time for rest. Class teachers and tutors will regularly check in with pupils about their engagement, and we encourage parents to work with our staff to help every child get the most out of their Wellington journey.

Important Dates:

- **Registration for the Michaelmas term opens on Sunday, 24 August at 10am and closes at 11:00 am on Thursday, 28 August.**
- **Confirmation of CCA options** will be shared with parents and pupils on **Friday, 5 September.**
- **CCA activities start on Monday, 8 September.**

Wishing you a wonderful Michaelmas term ahead!

Peter Murison  
**Second Master**



## 引言

欢迎来到上海惠灵顿 2526 学年，我校丰富的课外辅助活动（CCA）一直让我们引以为傲，无论是高水平的体育项目、激动人心的学术竞赛、精彩纷呈的艺术表演，还是多样化的素质拓展活动，您都能在这份指南中找到。

惠灵顿每周向全校学生提供 200 多项丰富多彩的活动，学校相关的行政人员，管理层及教师团队与校外合作伙伴紧密携手，尽职尽责。

我们希望每位惠灵顿学子都能充分利用这次宝贵机会，去结交新朋友、学习新技能、发挥其所长、开拓其眼界，成为一名全面发展的青年，因为只有这样他们才会更加快乐，更有韧性，更有可能最终取得成功。无论是在舞台上，球场上还是课堂上，总有适合他们的舞台，我们鼓励学生不仅要培养已有的兴趣与技能，也要勇于尝试新领域，发现更多可能。

一年级学生的素质拓展课程已包含在日常课表当中，二年级和三年级学生每周最多可参加两项 CCA 活动，保证劳逸结合，四年级至十三年学生可根据个人时间安排参加更多活动。

成功离不开平衡，一周健康而充实的校园生活，应当包括学生热爱的事物、对卓越的追求、不断成长的机会、克服挑战的经历，以及适当的休息时间，班级老师会定期与学生沟通参与情况，也欢迎各位家长与我校保持联系，让每位学生充分享受在惠灵顿的时光。

重要日期：

- 新学期 CCA 活动注册将于 8 月 24 日（星期日）上午 10 点 开放，并于 8 月 28 日（星期四）上午 11 点 截止。
- CCA 活动确认信息将于 9 月 5 日（星期五）发送给家长和学生。
- CCA 活动将于 9 月 8 日（星期一）正式开始。

预祝您度过一个缤纷多彩的新学期！

Peter Murison  
Second Master



## READING THE GUIDE & SIGNING UP

Returning parents will notice a change to the format of the guides for this year, with activities sorted into individual Year Groups (e.g. Year 2 / Year 3 etc.). We hope this will make it more convenient for readers to see the relevant options available to them on the respective days and with information particular to them.

The expectations for each year group are different and we encourage all pupils and parents to engage with their class/tutors teachers around selections, where needed. Pupils must be meaningfully engaged to make the most of the Wellington experience, but we acknowledge that this looks different for every child.

Many activities are by Invitation or Selection (typically competitive or performance activities) while most of them are open for individual signup. When signing up, please note that we can't guarantee that you will get the first choice and our algorithms will auto select for popular CCAs. If you don't get your first choice one term, there is always the opportunity the following term or years ahead. Parents and pupils are expected to select a minimum of 2 activities on each day where they hope to be involved in a CCA.

## CO-CURRICULAR ACTIVITIES CALENDAR 2025-2026

### Michaelmas Term

- 8<sup>th</sup> September – 26<sup>th</sup> September \*
- 13<sup>th</sup> October – 12<sup>th</sup> December

\* There will be no CCAs for Secondary pupils in the week of Monday 22<sup>nd</sup> September – Friday 26<sup>th</sup> September due to pupils being on Edventures during that week.

### Lent Term

- 12<sup>th</sup> January – 13<sup>th</sup> February
- 2<sup>nd</sup> March – 27<sup>th</sup> March

### Summer Term

- 13<sup>th</sup> April – 30<sup>th</sup> April
- 11<sup>th</sup> May – 12<sup>th</sup> June

Please note that these dates refer to general CCAs and not team training or performance reschedules. Training for these activities will typically start earlier than listed here and conclude as is relevant to the specific activity.

## HOW TO SIGN UP

Sign up at the start of each term via [Schoolsbuddy](#)

### Part I: Account Activation and Forgotten Password

#### • Account Activation (New users)

##### Step 1: Activation email

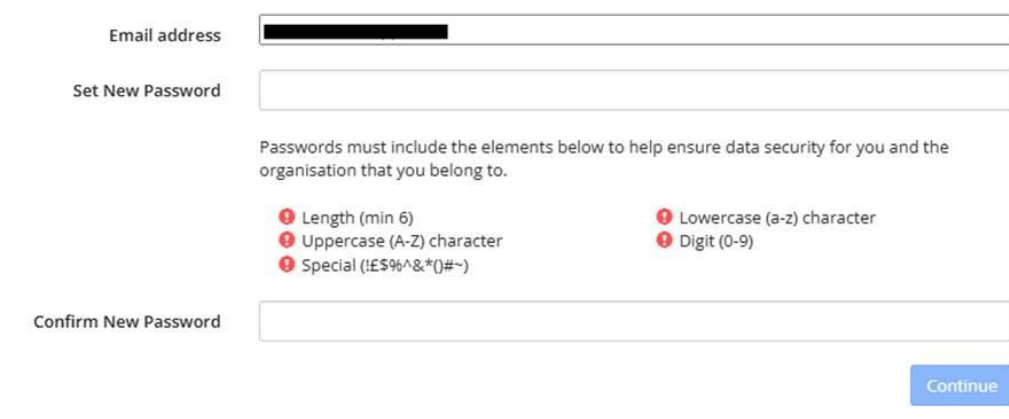
You will receive an account activation from “Wellington College SchoolsBuddy”.

If you haven’t received the system email, please email [enrichment.shanghai@wellingtoncollege.cn](mailto:enrichment.shanghai@wellingtoncollege.cn).

Once you receive the email, please click the activation link in the email to set up a password.

##### Step 2: Set up for Password

Please use the iSAMs email address as the username.

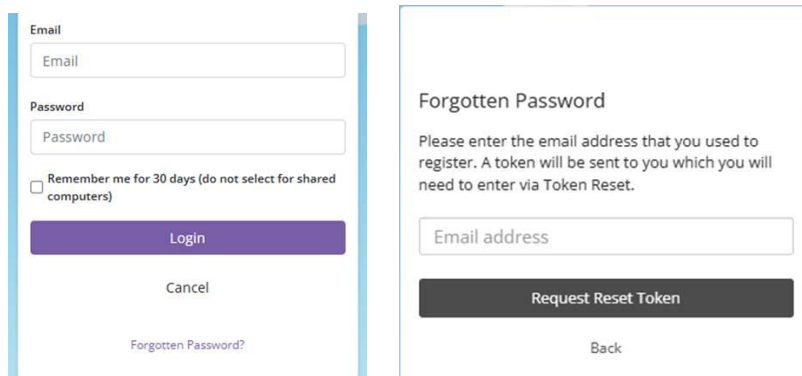


The screenshot shows a web form for setting up a new password. It includes three input fields: 'Email address' (with a blacked-out example), 'Set New Password', and 'Confirm New Password'. Below the 'Set New Password' field, there is a list of password requirements: Length (min 6), Uppercase (A-Z) character, Lowercase (a-z) character, Digit (0-9), and Special (!£\$%^&\*()#~-). A blue 'Continue' button is located at the bottom right of the form.

**\*\* Password must include all elements below to ensure security – Length(min 6), Lowercase(a-z), Uppercase(A-Z), Digit(0-9), Special(!£ \$%^&\*()#-)**

#### • Forgotten Password (Previous users)

You will receive a password reset email from the SchoolsBuddy system by clicking “forgotten Password?” to reset your password.



The image contains two side-by-side screenshots of the login interface. The left screenshot shows the main login form with fields for 'Email' and 'Password', a 'Remember me for 30 days' checkbox, and 'Login' and 'Cancel' buttons. A link for 'Forgotten Password?' is at the bottom. The right screenshot is titled 'Forgotten Password' and contains instructions: 'Please enter the email address that you used to register. A token will be sent to you which you will need to enter via Token Reset.' It features an 'Email address' input field, a 'Request Reset Token' button, and a 'Back' link.

An email will then be sent to your mailbox, and please click the link in the email to reset your password. If you do not receive the email, please check your junk/spam folder and ensure that you have entered the email address you used to register in the iSAMs.

HelloWellington College International Shanghai ,

Welcome, in order to continue you need to supply a new password.

Email address

Set New Password

Passwords must include the elements below to help ensure data security for you and the organisation that you belong to.

- Length (min 6)
- Uppercase (A-Z) character
- Lowercase (a-z) character
- Digit (0-9)
- Special (!@#\$%^&\*()#-)

Confirm New Password

[Continue](#)

**\*\* Password must include all elements below to ensure security – Length(min 6), Lowercase(a-z), Uppercase(A-Z), Digit(0-9), Special(!@#\$%^&\*()#-)**

## Part II: CCA Activity Selection

**Step 1:** “Activities & Clubs” > Available signups > Click “Choose”

**Step 2:** Select the CCA activities

Select your preferences for each day. Click the day of the week you want to make choices for. Make your first choice your 'preference1', your second choice 'preference2' and so on. You may only select ONE 'preference1', 'preference2', 'preference3', etc for each day. The system will not let you select P1 twice on the same day. To change your P1 choice first untick the current P1 choice (click N/A).

When complete move onto the next day.

Monday - 4 Available

CCA 1

Organiser

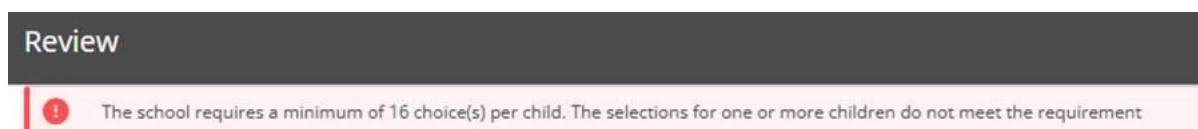
15:45 - 16:45 Free Unlimited

Year 6, Year 6

1 2 3 4 N/A

### Step 3: Submit your choices

The system has been set up for a compulsory number of choices for submission. Please make sure you have made all the choices. The system will show as below to remind you if the number of activities you have chosen does not meet the system requirements.



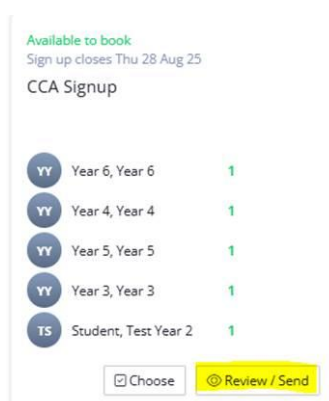
If you have completed selecting all your choices as required, please click next and review all your selections. Once you have confirmed your selection, click “Next” > “Submit to school”.

### Part III: CCA Selection Amendments

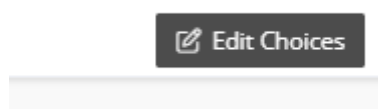
During the selection period, parents/pupils are able to make amendments and resubmit their selections. How to make amendments to your selections:

#### Step 1: Enter “Activities & Clubs”

#### Step 2: “Review /Choose” the selections in the related container



#### Step 3: Click “Edit Choices” and “Confirm” in the pop-up window.



#### Step 4: There will be a “Choose” function under the container once you confirm to amend your selections.

#### Step 5: Unselect your previous selections (by clicking N/A) and re-select another activity.

#### Step 6: After the re-selection, click” Next” and “Submit to School”

### **WeX (WELLINGTON EXTRA)**

Many parents will already be familiar with our Wellington Extra programme. WeX is an after-school/weekend/holiday extension programme aimed at giving pupils access to opportunities over and above our already exceptional Co-Curricular offering.

Through WeX, pupils can continue exploring their passions, develop new skills, and excel beyond the classroom. Throughout the year, pupils can sign up for a wide range of carefully curated premium activities, ranging from weekly classes and specialist training to holiday camps and educational tours.

These activities are separately charged with Wellington pupils enjoying preferential rates. All WeX activities are delivered by official school partners, affiliated organisations, and/or trusted, high-quality providers—ensuring WeX experiences are engaging, meaningful, and aligned with the Wellington values of holistic education and excellence.

### **IMPORTANT CONTACT DETAILS**

CCA/Enrichment Office:	<a href="mailto:enrichment.shanghai@wellingtoncollege.cn">enrichment.shanghai@wellingtoncollege.cn</a>
Wellington Extra (WeX):	<a href="mailto:jacob.charrotgrinsdale@wellingtoncollege.cn">jacob.charrotgrinsdale@wellingtoncollege.cn</a> or <a href="mailto:extra.wcis@wellingtoncollege.cn">extra.wcis@wellingtoncollege.cn</a>
Performing Arts Department:	<a href="mailto:michael.larsen-disney@wellingtoncollege.cn">michael.larsen-disney@wellingtoncollege.cn</a>
Music Department:	<a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a>
Sports Department:	<a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>



## Year 2

The Year 2 CCA programme includes age-appropriate activities led by staff who are experienced at managing some of our youngest pupils. The focus of these activities is to allow pupils to be engaged in a safe, fun and structured learning environment, over and above their school day.

Year 2 pupils are only eligible to sign up **for a maximum of two CCAs a week**, with a select bouquet of activities offered on Monday, Tuesday and Thursday afternoons. Most activities are offered twice a week, allowing parents and pupils some flexibility in their selections.

Should you have any questions regarding a specific activity or what might suit your child, please feel free to first engage with their Class Teacher and then with the Enrichment Team, via [enrichment.shanghai@wellingtoncollege.cn](mailto:enrichment.shanghai@wellingtoncollege.cn).

### Monday

Name of Activity	Age-Group(s)	Category	Description
Arts and crafts (painting)	2	Open	A CCA for children to explore and expand their creativity with paint, in a fun and engaging environment.
Chinese Story Club	2	Open	A chance for pupils to actively listen to stories in the Chinese language and explore the themes like social skills, moral character and global citizenship via the medium of Chinese stories. Best for pupils who are comfortable engaging in Mandarin.
Chinese Arts and Crafts	2	Open	Pupils will enjoy an opportunity to explore traditional Chinese arts such as calligraphy, painting, paper cutting and knotting. Through hands-on activities and cultural projects, members learn about Chinese culture and express creativity.
Solution Society	2	Open	Solution Society is a fun and engaging CCA where children work together to solve puzzles, play logic games and tackle challenges. Pupils enjoy exploring patterns, finding solutions, and developing problem-solving skills.
First Aid	2	Open	This CCA introduces pupils to the medical field through fun and educational activities. Children will learn age-appropriate basic first aid and health and wellness tips.
Ju Jitsu	2	Open	A glimpse into the exciting world of Brazilian Jiu Jitsu (BJJ) in a fun and supportive environment. Children will learn basic BJJ techniques such as holds, rolls and submissions, focusing on balance, coordination and self-discipline.
Football	2	Open	Pupils who are excited to learn and play recreational football in a fun and supportive environment should sign up. Children will develop basic football skills such as dribbling, passing and shooting through engaging drills and friendly matches. Emphasis is placed on teamwork, sportsmanship and having fun while playing.
Learn to swim	2	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>



## Tuesday

Name of Activity	Age-Groups	Category	Description
Arts and crafts (textiles)	2	Open	Working with textiles to explore and expand their creativity, these activities will focus on pupil's workings with textiles as the means to showcase themselves and their talents.
Story telling	2	Open	Pupils will be introduced to exciting stories and fairy tales from a range of sources and stimulate their creativity by coming up with their own plots. They will be encouraged to share their ideas with others and will learn how to present stories in a confident and captivating way.
Ballet	2	Open	Suitable for those starting or who are relatively new to ballet but excited to explore this wonderful form of dance and expression. The fundamentals of classical ballet will be taught. Children will need to wear the correct ballet clothing.
Arts and crafts (modelling)	2	Open	Using modelling to get creative and develop skills to help with expression, this is another CCA for young people who enjoy arts and crafts.
Experimentalists	2	Open	The Experimentalists is a hands-on, exciting CCA where children dive into the world of discovery through various age-appropriate experiments. Pupils explore different concepts and principles by conducting fun and engaging activities across different fields.
Chinese Arts and Crafts	2	Open	Pupils will enjoy an opportunity to explore traditional Chinese arts such as calligraphy, painting, paper cutting and knotting. Through hands-on activities and cultural projects, members learn about Chinese culture and express creativity.
Football	2	Open	Pupils who are excited to learn and play recreational football in a fun and supportive environment should sign up. Children will develop basic football skills such as dribbling, passing and shooting through engaging drills and friendly matches. Emphasis is placed on teamwork, sportsmanship and having fun while playing.
Racket Games	2	Open	Pupils will learn the basics of racket sports as a foundation for future tennis skills. The CCA aims to engage children in fun activities that develop essential skills such as hand-eye coordination, grip techniques and basic strokes.
Learn to swim	2	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Golf for Beginners	2	Open	The Golf for Beginners CCA, led by Cindy Reid and her team, is perfect for pupils who are new to golf and eager to learn the basics. This course is specifically designed for those with no prior golfing experience, ensuring a supportive and easy-to-follow introduction to the sport.

## Thursday

Name of Activity	Age-Groups	Category	Description
Arts and crafts (painting)	2	Open	A CCA for children to explore and expand their creativity with paint, in a fun and engaging environment.
Story telling	2	Open	Pupils will be introduced to exciting stories and fairy tales from a range of sources and stimulate their creativity by coming up with their own plots. They will be encouraged to share their ideas with others and will learn how to present stories in a confident and captivating way.
Arts and crafts (modelling)	2	Open	Using modelling to get creative and develop skills to help with expression, this is CCA for young people who enjoy arts and crafts.
Experimentalists	2	Open	The Experimentalists is a hands-on, exciting CCA where children dive into the world of discovery through various age- appropriate experiments. Pupils explore different concepts and principles by conducting fun and engaging activities across different fields.
Solution Society	2	Open	Solution Society is a fun and engaging CCA where children work together to solve puzzles, play logic games and tackle challenges. Pupils enjoy exploring patterns, finding solutions, and developing problem- solving skills.
Chinese Story Club	2	Open	A chance for pupils to actively listen to stories in the Chinese language and explore the themes like social skills, moral character and global citizenship via the medium of Chinese stories. Best for pupils who are comfortable engaging in Mandarin.
Golf for Beginners	2	Open	The Golf for Beginners CCA, led by Cindy Reid and her team, is perfect for pupils who are new to golf and eager to learn the basics. This course is specifically designed for those with no prior golfing experience, ensuring a supportive and easy-to-follow introduction to the sport.
Multisport	2	Open	For pupils who are active and enjoy all sorts of active games and developing ball-skills, multisport will give them the opportunity to develop general physical skills in a fun and engaging set of games and activities.

## Year 3

The Year 3 CCA programme has a large variety for pupils to choose from across the weeks. Year 3 pupils are only eligible to sign up **for a maximum of two CCAs a week** and are encouraged to try a diverse range of activities over the course of the year – while at the same time identifying something which they might want to excel at in the years to come.

Should you have any questions regarding a specific activity or what might suit you child, please feel free to first engage with their Class Teacher and then with the Enrichment Team, via [enrichment.shanghai@wellingtoncollege.cn](mailto:enrichment.shanghai@wellingtoncollege.cn).

### Monday

Name of Activity	Age-Groups	Category	Description
Experimentalists	3-4	Open	The Experimentalists is a hands-on, exciting CCA where children dive into the world of discovery through various age- appropriate experiments. Pupils explore different concepts and principles by conducting fun and engaging activities across different fields.
Cycling Proficiency (Bike Riding)	3-4	Open	The Learn to Ride a Bike CCA is an opportunity to embark on a journey to cycling confidence and adventure. This program is perfect for pupils who are new to biking or want to improve their skills.
Fencing	3-4	Open	Fencing remains one of the most popular sports in Shanghai and a growing programme at WCIS. This program introduces pupils to the art of fencing, a dynamic sport that combines agility, strategy and precision.
Football (Recreational)	3-4	Open	Pupils who are excited to learn and play recreational football in a fun and supportive environment should sign up. Children will develop basic football skills such as dribbling, passing and shooting through engaging drills and friendly matches. Emphasis is placed on teamwork, sportsmanship and having fun while playing.
Arts and crafts (drawing)	3-6	Open	Drawing an incredible activity for young people – as both a skill to be developed and as an opportunity for creative expression. Drawing in a mixed group will give pupils the chance to engage and learn from creative peers in this Arts and Crafts space.
Gardening	3-6	Open	This CCA offers pupils the chance to connect with nature and learn about horticulture. Children will engage in planting, cultivating and maintaining the school garden, gaining hands-on experience in growing flowers, vegetables and herbs.
Spanish Culture	3-6	Open	Children will explore various aspects of Spanish culture from around the world. This CCA immerses pupils in the rich traditions and customs of Spanish-speaking countries. Members explore Spanish cuisine, music, dance and festivals through interactive activities and cultural projects.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>



## Tuesday

Name of Activity	Age-Groups	Category	Description
Story Book Drama	3-4	Open	This CCA follows on from the lower primary CCA 'Story Telling' whereby children explore ways to bring stories to life. As well as investigating how stories are crafted, children will also be able to write their own tales.
Public Speaking	3-4	Open	This popular CCA will help children develop their confidence in speaking in front of others. We work with the Spotlight Theatre School to deliver these sessions and children will have the opportunity to take LAMDA exams
Solution Society	3-4	Open	Solution Society is a fun and engaging CCA where children work together to solve puzzles, play logic games and tackle challenges. Pupils enjoy exploring patterns, finding solutions, and developing problem- solving skills.
Basketball	3-4	Open	This CCA is designed to develop pupils' skills, teamwork and love for the game. Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Pupils in this CCA are eligible to be selected for the U9 school teams when games are scheduled at various stages of the term.
Arts and crafts (modelling)	3-6	Open	Using modelling to get creative and develop skills to help with expression, this is another CCA for young people who enjoy arts and crafts.
Ballet	3-6	Open	Suitable for those starting or who are relatively new to ballet but exited to explore this wonderful form of dance and expression. The fundamentals of classical ballet will be taught. Children will need to wear the correct ballet clothing.
Arts and crafts (painting)	3-6	Open	A CCA for children to explore and expand their creativity with paint, in a fun and engaging environment.
Photography	3-6	Open	They will learn important elements of photography such as aspect, composition and perspective as they build a portfolio which can be shared and displayed. This CCA is suitable for those children wishing to develop their artistic skills.
Chess	3-6	Open	Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent. Whether you're a seasoned player or eager to learn, our Chess Club offers a fun, challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.
Kung Fu	3-6	Open	The Kung Fu CCA offers a unique opportunity to develop physical fitness, self-discipline and mental focus through this traditional martial art. Pupils will learn a variety of techniques, forms and self-defense skills. Training sessions will emphasize strength, flexibility, coordination and balance.
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Mini Sinfonia (Orchestra)	1-6	Team	Wellington has three orchestras, and we do not hold auditions for any of them. It is important to find the right level of orchestra for each pupil. Please note that the following instruments are in the mini sinfonia: Strings: Violin, viola, cello, double bass.
Junior Orchestra	3-13	Invite/Team	The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays. If you would like to play in one of our orchestras or wind band, please email <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a> and we can discuss which orchestra is most suitable.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

### Wednesday

Name of Activity	Age-Groups	Category	Description
Cooking	3-4	Open	In this CCA pupils learn to cook delicious and healthy meals! This fun and educational program teaches basic culinary skills, kitchen safety and nutrition. There is a nominal cost of RMB50 per session to cover ingredients, which will be deducted from children's lunch cards.
Golf for Beginners	3-4	Open	The Golf for Beginners CCA, led by Cindy Reid and her team, is perfect for pupils who are new to golf and eager to learn the basics. This course is specifically designed for those with no prior golfing experience, ensuring a supportive and easy-to-follow introduction to the sport.
Football (Recreational)	3-4	Open	Pupils who are excited to learn and play recreational football in a fun and supportive environment should sign up. Children will develop basic football skills such as dribbling, passing and shooting through engaging drills and friendly matches. Emphasis is placed on teamwork, sportsmanship and having fun while playing.
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Choir	3-6	Open	There is no audition needed to join any of our choirs, just a love of singing and a willingness to commit to taking part in performances and to learn the repertoire. A great option for many pupils, boys and girls, to get involved!

### Thursday

Name of Activity	Age-Groups	Category	Description
Chinese Philosophy	3-4	Open	This CCA introduces children to the basic ideas and teachings of Chinese philosophy in a fun and accessible way. Through engaging stories, interactive activities and simple discussions, children explore concepts from Confucianism, Daoism and other philosophies.
Basketball	3-4	Open	This CCA is designed to develop pupils' skills, teamwork and love for the game. Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Pupils in this CCA are eligible to be selected for the U9 school teams when games are scheduled at various stages of the term.
GO VEX Robotics	3-5	Open	In this CCA pupils dive into the exciting world of robotics through hands-on activities and collaborative projects. They will start by learning the basics of robot design and programming using VEX kits. For more information, see <a href="https://www.vexrobotics.com/">https://www.vexrobotics.com/</a>
Tennis (Beginners)	3-5	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA, children will be introduced to fundamental skills such as grip, stance and basic strokes through fun and engaging drills. If your child is an experienced player and you would like them to be considered for competitive tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Arts and crafts (textiles)	3-6	Open	Working with textiles to explore and expand their creativity, these activities will focus on pupil's workings with textiles as the means to showcase themselves and their talents.
Jazz Dance	3-6	Open	This CCA is suitable for those wishing to improve their dance skills to audition for our many productions. As well as the fundamental skills, pupils will be taught routines and set pieces from various shows as well as studying the choreography of influential figures.
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Wind Band	3-13	Invite/Team	The wind band is an ensemble just for wind instruments. The instruments in the wind band are: Woodwind: Flute, clarinet, oboe, saxophone, bassoon Brass: Trumpet, French horn, trombone, baritone/euphonium, tuba Percussion: Drums (various) If you are interested in this please contact: <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a>

## Year 4

The Year 4 CCA programme has a large variety for pupils to choose from across the week. Year 4 pupils are encouraged to signup for at least two or three activities a week, including sporting, academic and cultural activities.

Should you have any questions regarding a specific activity or what might suit you child, please feel free to first engage with their Class Teacher and then with the Enrichment Team, via

[enrichment.shanghai@wellingtoncollege.cn](mailto:enrichment.shanghai@wellingtoncollege.cn).

### Monday

Name of Activity	Age-Groups	Category	Description
Experimentalists	3-4	Open	The Experimentalists is a hands-on, exciting CCA where children dive into the world of discovery through various age- appropriate experiments. Pupils explore different concepts and principles by conducting fun and engaging activities across different fields.
Cycling Proficiency (Bike Riding)	3-4	Open	The Learn to Ride a Bike CCA is an opportunity to embark on a journey to cycling confidence and adventure. This program is perfect for pupils who are new to biking or want to improve their skills.
Fencing	3-4	Open	Fencing remains one of the most popular sports in Shanghai and a growing programme at WCIS. This program introduces pupils to the art of fencing, a dynamic sport that combines agility, strategy and precision.
Football (Recreational)	3-4	Open	Pupils who are excited to learn and play recreational football in a fun and supportive environment should sign up. Children will develop basic football skills such as dribbling, passing and shooting through engaging drills and friendly matches. Emphasis is placed on teamwork, sportsmanship and having fun while playing.
Arts and crafts (drawing)	3-6	Open	Drawing an incredible activity for young people – as both a skill to be developed and as an opportunity for creative expression. Drawing in a mixed group will give pupils the chance to engage and learn from creative peers in this Arts and Crafts space.
Gardening	3-6	Open	This CCA offers pupils the chance to connect with nature and learn about horticulture. Children will engage in planting, cultivating and maintaining the school garden, gaining hands-on experience in growing flowers, vegetables and herbs.
Spanish Culture	3-6	Open	Children will explore various aspects of Spanish culture from around the world. This CCA immerses pupils in the rich traditions and customs of Spanish-speaking countries. Members explore Spanish cuisine, music, dance and festivals through interactive activities and cultural projects.
Chinese Writing Club	4-6	Open	A chance to unlock your creativity and explore Chinese language through engaging writing activities. Explore storytelling, poetry, and descriptive writing while building vocabulary and grammar skills.
First Aid	4-6	Open	This CCA introduces pupils to the medical field through fun and educational activities. Children will learn age-appropriate basic first aid and health and wellness tips. They will look at the roles of healthcare professionals, fostering an early interest in medicine and caring for others.
Cricket	4-6	Open	Learn the laws of the game and develop the skills at the same time while having loads of fun scoring runs and taking wickets. Practise batting, bowling, and fielding in fun, friendly sessions. Build confidence, fitness, and a love for the game while playing with friends.
Rugby (Touch)	4-6	Open	A dynamic and inclusive environment where pupils can develop rugby skills, teamwork and sportsmanship, while having fun competing with each other. In touch rugby, players aim to touch their opponents using their hands to stop play, making it a safer and more accessible introduction to the sport.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>



## Tuesday

Name of Activity	Age-Groups	Category	Description
Story Book Drama	3-4	Open	This CCA follows on from the lower primary CCA 'Story Telling' whereby children explore ways to bring stories to life. As well as investigating how stories are crafted, children will also be able to write their own tales.
Public Speaking	3-4	Open	This popular CCA will help children develop their confidence in speaking in front of others. We work with the Spotlight Theatre School to deliver these sessions and children will have the opportunity to take LAMDA exams
Solution Society	3-4	Open	Solution Society is a fun and engaging CCA where children work together to solve puzzles, play logic games and tackle challenges. Pupils enjoy exploring patterns, finding solutions, and developing problem- solving skills.
Basketball	3-4	Open	This CCA is designed to develop pupils' skills, teamwork and love for the game. Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Pupils in this CCA are eligible to be selected for the U9 school teams when games are scheduled at various stages of the term.
Arts and crafts (modelling)	3-6	Open	Using modelling to get creative and develop skills to help with expression, this is another CCA for young people who enjoy arts and crafts.
Ballet	3-6	Open	Suitable for those starting or who are relatively new to ballet but excited to explore this wonderful form of dance and expression. The fundamentals of classical ballet will be taught. Children will need to wear the correct ballet clothing.
Arts and crafts (painting)	3-6	Open	A CCA for children to explore and expand their creativity with paint, in a fun and engaging environment.
Photography	3-6	Open	They will learn important elements of photography such as aspect, composition and perspective as they build a portfolio which can be shared and displayed. This CCA is suitable for those children wishing to develop their artistic skills.
Chess	3-6	Open	Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent. Whether you're a seasoned player or eager to learn, our Chess Club offers a fun, challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.
Kung Fu	3-6	Open	The Kung Fu CCA offers a unique opportunity to develop physical fitness, self-discipline and mental focus through this traditional martial art. Pupils will learn a variety of techniques, forms and self-defense skills. Training sessions will emphasize strength, flexibility, coordination and balance.
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Chinese Reading Club	4-6	Open	Develop your reading comprehension, vocabulary, and critical thinking in a fun, interactive environment. Share a passion for reading and stories as well.
Leadership Programme	4-6	Invite/Team	These sessions are for those chosen for pupil leadership positions in the school. Information about how to apply for these positions will be shared with pupils at the start of the year. Please contact the head of year for more information.
Mini Sinfonia (Orchestra)	1-6	Team	Wellington has three orchestras, and we do not hold auditions for any of them. It is important to find the right level of orchestra for each pupil. Please note that the following instruments are in the mini sinfonia: Strings: Violin, viola, cello, double bass.
Junior Orchestra	3-13	Invite/Team	The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays. If you would like to play in one of our orchestras or wind band, please email <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a> and we can discuss which orchestra is most suitable.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>



## Wednesday

Name of Activity	Age-Groups	Category	Description
Cooking	3-4	Open	In this CCA pupils learn to cook delicious and healthy meals! This fun and educational program teaches basic culinary skills, kitchen safety and nutrition. There is a nominal cost of RMB50 per session to cover ingredients, which will be deducted from children's lunch cards.
Golf for Beginners	3-4	Open	The Golf for Beginners CCA, led by Cindy Reid and her team, is perfect for pupils who are new to golf and eager to learn the basics. This course is specifically designed for those with no prior golfing experience, ensuring a supportive and easy-to-follow introduction to the sport.
Football (Recreational)	3-4	Open	Pupils who are excited to learn and play recreational football in a fun and supportive environment should sign up. Children will develop basic football skills such as dribbling, passing and shooting through engaging drills and friendly matches. Emphasis is placed on teamwork, sportsmanship and having fun while playing.
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Table Tennis (Recreational)	4-6	Open	Whether you're new to the sport or looking to improve your skills, this club provides guidance on basic techniques, including grip, serves and returns. Pupils will participate in friendly matches and engaging drills, developing their coordination and reflexes.
Chess (Team)	4-6	Invite/Team	Wellington's chess team meet on Wednesdays and receive coaching from an external vendor, helping them develop their game further, ultimately competing at local and regional competitions. Please email <a href="mailto:enrichment.shanghai@wellingtoncollege.cn">enrichment.shanghai@wellingtoncollege.cn</a> if you are a high-level chess player and would like to be considered for the team.
Choir	3-6	Open	There is no audition needed to join any of our choirs, just a love of singing and a willingness to commit to taking part in performances and to learn the repertoire. A great option for many pupils, boys and girls, to get involved!



## Thursday

Name of Activity	Age-Groups	Category	Description
Chinese Philosophy	3-4	Open	This CCA introduces children to the basic ideas and teachings of Chinese philosophy in a fun and accessible way. Through engaging stories, interactive activities and simple discussions, children explore concepts from Confucianism, Daoism and other philosophies.
Basketball	3-4	Open	This CCA is designed to develop pupils' skills, teamwork and love for the game. Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Pupils in this CCA are eligible to be selected for the U9 school teams when games are scheduled at various stages of the term.
GO VEX Robotics	3-5	Open	In this CCA pupils dive into the exciting world of robotics through hands-on activities and collaborative projects. They will start by learning the basics of robot design and programming using VEX kits. For more information, see <a href="https://www.vexrobotics.com/">https://www.vexrobotics.com/</a>
Tennis (Beginners)	3-5	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA, children will be introduced to fundamental skills such as grip, stance and basic strokes through fun and engaging drills. If your child is an experienced player and you would like them to be considered for competitive tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Arts and crafts (textiles)	3-6	Open	Working with textiles to explore and expand their creativity, these activities will focus on pupil's workings with textiles as the means to showcase themselves and their talents.
Jazz Dance	3-6	Open	This CCA is suitable for those wishing to improve their dance skills or to develop skills to audition for our many productions. As well as the fundamental skills, pupils will be taught routines and set pieces from various shows as well as studying the choreography of influential figures.
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Chinese Clothing and Accessory Design	4-6	Open	Discover the beauty of traditional and modern Chinese fashion through hands-on design projects. Learn about patterns, colours, and cultural symbols while creating your own clothing and accessories.
Chinese Puzzle and Boardgame	4-6	Open	Sharpen your mind and have fun with classic Chinese puzzles and traditional board games. Learn strategy, problem-solving, and teamwork while exploring cultural favourites. Challenge friends, master new games, and enjoy friendly competition.
First Aid	4-6	Open	This CCA introduces pupils to the medical field through fun and educational activities. Children will learn age-appropriate basic first aid and health and wellness tips. They will look at the roles of healthcare professionals, fostering an early interest in medicine and caring for others.
Ju Jitsu (Brazilian)	4-6	Open	A glimpse into the exciting world of Brazilian Jiu Jitsu (BJJ) in a fun and supportive environment. Children will learn basic BJJ techniques such as holds, rolls and submissions, focusing on balance, coordination and self-discipline.
Cricket	4-6	Open	Learn the laws of the game and develop the skills at the same time while having loads of fun scoring runs and taking wickets. Practise batting, bowling, and fielding in fun, friendly sessions. Build confidence, fitness, and a love for the game while playing with friends.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Wind Band	3-13	Invite/Team	The wind band is an ensemble just for wind instruments. The instruments in the wind band are: Woodwind: Flute, clarinet, oboe, saxophone, bassoon Brass: Trumpet, French horn, trombone, baritone/euphonium, tuba Percussion: Drums (various) If you are interested in this please contact: <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a>

## Year 5

### Monday

Name of Activity	Age-Groups	Category	Description
Arts and crafts (drawing)	3-6	Open	Drawing an incredible activity for young people – as both a skill to be developed and as an opportunity for creative expression. Drawing in a mixed group will give pupils the chance to engage and learn from creative peers in this Arts and Crafts space.
Gardening	3-6	Open	This CCA offers pupils the chance to connect with nature and learn about horticulture. Children will engage in planting, cultivating and maintaining the school garden, gaining hands-on experience in growing flowers, vegetables and herbs.
Spanish Culture	3-6	Open	Children will explore various aspects of Spanish culture from around the world. This CCA immerses pupils in the rich traditions and customs of Spanish-speaking countries. Members explore Spanish cuisine, music, dance and festivals through interactive activities and cultural projects.
Chinese Writing Club	4-6	Open	A chance to unlock your creativity and explore Chinese language through engaging writing activities. Explore storytelling, poetry, and descriptive writing while building vocabulary and grammar skills.
First Aid	4-6	Open	This CCA introduces pupils to the medical field through fun and educational activities. Children will learn age-appropriate basic first aid and health and wellness tips. They will look at the roles of healthcare professionals, fostering an early interest in medicine and caring for others.
Cricket	4-6	Open	Learn the laws of the game and develop the skills at the same time while having loads of fun scoring runs and taking wickets. Practise batting, bowling, and fielding in fun, friendly sessions. Build confidence, fitness, and a love for the game while playing with friends.
Rugby (Touch)	4-6	Open	A dynamic and inclusive environment where pupils can develop rugby skills, teamwork and sportsmanship, while having fun competing with each other. In touch rugby, players aim to touch their opponents using their hands to stop play, making it a safer and more accessible introduction to the sport.
Public Speaking	5-6	Open	This popular CCA will help children develop their confidence in speaking in front of others. We work with the Spotlight Theatre School to deliver these sessions and children will have the opportunity to take LAMDA exams
Scrapbook Club (Chinese)	5-6	Open	The Scrapbook Club (Chinese) for Y5-6 students offers a formal platform to engage with Chinese culture and foster creativity, through structured collage activities that integrate characters, art, and narratives into personalized scrapbook creations.
Dragon Dance	5-6	Open	An exciting opportunity to learn and perform the traditional Chinese dragon dance. Pupils practice the intricate movements and teamwork required to bring the dragon to life. The club promotes confidence, physical fitness and coordination, culminating in vibrant performances at school events. It is anticipated that they will continue to do this activity each term.
Podcast Studio	5-6	Open	In this CCA, children will learn to create, record and edit their own podcasts, exploring topics of interest and developing storytelling skills. The CCA encourages creativity, teamwork and communication, as pupils share their voices and ideas with a broader audience.
Experimentalists	5-6	Open	The Experimentalists is a hands-on, exciting CCA where children dive into the world of discovery through various age- appropriate experiments. Pupils explore different concepts and principles by conducting fun and engaging activities across different fields.
Golf (Beginners)	5-6	Open	The Golf for Beginners CCA, led by Cindy Reid and her team, is perfect for pupils who are new to golf and eager to learn the basics. This course is specifically designed for those with no prior golfing experience, ensuring a supportive and easy-to-follow introduction to the sport.
Basketball	5-6	Open	This CCA is designed to develop pupils' skills, teamwork and love for the game. Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Pupils in this CCA are eligible to be selected for the U11 school teams when games are scheduled at various stages of the term.
Tennis (Beginners)	5-6	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA, children will be introduced to fundamental skills such as grip, stance and basic strokes through fun and engaging drills. Competitive potential tennis team members not already involved in the programme should please contact <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

Production	5-6	Open	This CCA is for those children wishing to develop their skills for productions. It will focus on similar skills as the Story Book Drama CCA but with some singing and dancing as is required in a musical production. Note that all auditions are held for all productions and participation in this CCA does not guarantee a place in a production.
Battle of the Books	5-6	Open/ Selection	The Battle of the Books CCA aimed at pupils who excel in English and have a passion for reading. This unique literary competition invites pupils to take part in thrilling book-based battles against other schools across Shanghai. Limited spaces available with selection priority giving to top performers in English, ensuring a high level of competition.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Tuesday

Name of Activity	Age-Groups	Category	Description
Arts and crafts (modelling)	3-6	Open	Using modelling to get creative and develop skills to help with expression, this is another CCA for young people who enjoy arts and crafts.
Ballet	3-6	Open	Suitable for those starting or who are relatively new to ballet but excited to explore this wonderful form of dance and expression. The fundamentals of classical ballet will be taught. Children will need to wear the correct ballet clothing.
Arts and crafts (painting)	3-6	Open	A CCA for children to explore and expand their creativity with paint, in a fun and engaging environment.
Photography	3-6	Open	They will learn important elements of photography such as aspect, composition and perspective as they build a portfolio which can be shared and displayed. This CCA is suitable for those children wishing to develop their artistic skills.
Chess	3-6	Open	Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent. Whether you're a seasoned player or eager to learn, our Chess Club offers a fun, challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.
Kung Fu	3-6	Open	The Kung Fu CCA offers a unique opportunity to develop physical fitness, self-discipline and mental focus through this traditional martial art. Pupils will learn a variety of techniques, forms and self-defense skills. Training sessions will emphasize strength, flexibility, coordination and balance.
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Chinese Reading Club	4-6	Open	Develop your reading comprehension, vocabulary, and critical thinking in a fun, interactive environment. Share a passion for reading and stories as well.
Hip Hop (Dance)	5-6	Open	Hip-hop dance is a type of street dance which has become increasingly popular in recent years. This CCA is suitable for all, but children should be ready to take part in some quite physical routines which make for an excellent workout as well. Pupils will need to wear their PE kit for this CCA (leggings are acceptable).
French Culture	5-6	Open	This CCA offers pupils an immersive experience of the rich traditions and customs of France. Through activities such as tasting French cuisine, exploring art and music, learning about historical events and festivals, members deepen their understanding of French culture.
Football (Recreational)	5-6	Open	This CCA is for pupils who are keen to learn and play recreational football in a fun and supportive environment. Children will develop basic football skills such as dribbling, passing and shooting through engaging drills and friendly matches. The emphasis is on teamwork, sportsmanship and having fun while playing.
Netball	5-6	Open	The Netball CCAs is ideal for beginners and developing players eager to learn and improve their netball skills. Pupils will receive guidance on basic techniques, game rules and teamwork through engaging, fun drills and practice sessions.
Maths Competition	5-6	Invite/Team	The school Mathematics team is reserved for Wellington's most talented and dedicated mathematicians. Selection is based on their exceptional skills and problem-solving abilities. Members of the team will represent Wellington in prestigious national and international competitions. To be considered, pupils must demonstrate outstanding mathematical proficiency and a strong passion for the subject.

Leadership Programme	4-6	Invite/Team	These sessions are for those chosen for pupil leadership positions in the school. Information about how to apply for these positions will be shared with pupils at the start of the year. Please contact the head of year for more information.
Mini Sinfonia (Orchestra)	1-6	Invite/Team	Wellington has three orchestras, and we do not hold auditions for any of them. It is important to find the right level of orchestra for each pupil. Please note that the following instruments are in the mini sinfonia: Strings: Violin, viola, cello, double bass.
Junior Orchestra	3-13	Invite/Team	The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays. If you would like to play in one of our orchestras or wind band, please email <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a> and we can discuss which orchestra is most suitable.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

### Wednesday

Name of Activity	Age-Groups	Category	Description
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Table Tennis (Recreational)	4-6	Open	Whether you're new to the sport or looking to improve your skills, this club provides guidance on basic techniques, including grip, serves and returns. Pupils will participate in friendly matches and engaging drills, developing their coordination and reflexes.
Basketball	5-6	Open	This CCA is designed to develop pupils' skills, teamwork and love for the game. Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Pupils in this CCA are eligible to be selected for the U11 school teams when games are scheduled at various stages of the term.
Chess (Team)	4-6	Invite/Team	Wellington's chess team meet on Wednesdays and receive coaching from an external vendor, helping them develop their game further, ultimately competing at local and regional competitions. Please email <a href="mailto:enrichment.shanghai@wellingtoncollege.cn">enrichment.shanghai@wellingtoncollege.cn</a> if you are a high-level chess player and would like to be considered for the team.
Football Squad	5-6	Invite/Team	This is when the football squads train. Teams are selected for matches from the squads. Please refer to the information from the Sports department about try-outs and selection. Pupils will remain in a squad for the term.
Choir	3-6	Open	There is no audition needed to join any of our choirs, just a love of singing and a willingness to commit to taking part in performances and to learn the repertoire. A great option for many pupils, boys and girls, to get involved!





## Thursday

Name of Activity	Age-Groups	Category	Description
GO VEX Robotics	3-5	Open	In this CCA pupils dive into the exciting world of robotics through hands-on activities and collaborative projects. They will start by learning the basics of robot design and programming using VEX kits. For more information, see <a href="https://www.vexrobotics.com/">https://www.vexrobotics.com/</a>
Tennis (Beginners)	3-5	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA, children will be introduced to fundamental skills such as grip, stance and basic strokes through fun and engaging drills. If your child is an experienced player and you would like them to be considered for competitive tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Arts and crafts (textiles)	3-6	Open	Working with textiles to explore and expand their creativity, these activities will focus on pupil's workings with textiles as the means to showcase themselves and their talents.
Jazz Dance	3-6	Open	This CCA is suitable for those wishing to improve their dance skills or to develop skills to audition for our many productions. As well as the fundamental skills, pupils will be taught routines and set pieces from various shows as well as studying the choreography of influential figures.
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Chinese Clothing and Accessory Design	4-6	Open	Discover the beauty of traditional and modern Chinese fashion through hands-on design projects. Learn about patterns, colours, and cultural symbols while creating your own clothing and accessories.
Chinese Puzzle and Boardgame	4-6	Open	Sharpen your mind and have fun with classic Chinese puzzles and traditional board games. Learn strategy, problem-solving, and teamwork while exploring cultural favourites. Challenge friends, master new games, and enjoy friendly competition.
First Aid	4-6	Open	This CCA introduces pupils to the medical field through fun and educational activities. Children will learn age-appropriate basic first aid and health and wellness tips. They will look at the roles of healthcare professionals, fostering an early interest in medicine and caring for others.
Ju Jitsu (Brazilian)	4-6	Open	A glimpse into the exciting world of Brazilian Jiu Jitsu (BJJ) in a fun and supportive environment. Children will learn basic BJJ techniques such as holds, rolls and submissions, focusing on balance, coordination and self-discipline.
Cricket	4-6	Open	Learn the laws of the game and develop the skills at the same time while having loads of fun scoring runs and taking wickets. Practise batting, bowling, and fielding in fun, friendly sessions. Build confidence, fitness, and a love for the game while playing with friends.
Story Book Drama	5-6	Open	Bring stories to life through acting, movement, and creative expression. Work together to turn books into short performances filled with imagination and fun. Build confidence, teamwork, and storytelling skills on stage.
Cooking	5-6	Open	In this CCA pupils learn to cook delicious and healthy meals! This fun and educational programme teaches basic culinary skills, kitchen safety and nutrition. There is a nominal cost of RMB50 per session to cover ingredients, which will be deducted from children's lunch cards.
Chinese History	5-6	Open	This CCA offers pupils an engaging look at China's rich and diverse past. Through discussions, presentations and projects, pupils delve into significant events, dynasties and cultural developments. The CCA aims to deepen understanding of Chinese heritage.
Chinese Architectural Models	5-6	Open	In this CCA, pupils will explore and recreate the beauty of traditional and modern Chinese architecture through model building, developing key skills at the same time. Children will design and construct detailed architectural models of iconic structures such as pagodas, temples and historical landmarks.
Cycling Proficiency (Bike Riding)	5-6	Open	The Learn to Ride a Bike CCA is an opportunity to embark on a journey to cycling confidence and adventure. This program is perfect for pupils who are new to biking or want to improve their skills.
Football (Recreational)	5-6	Open	This CCA is for pupils who are keen to learn and play recreational football in a fun and supportive environment. Children will develop basic football skills such as dribbling, passing and shooting through engaging drills and friendly matches. The emphasis is on teamwork, sportsmanship and having fun while playing.

Volleyball	5-6	Open	The Volleyball CCA is open to all pupils who are eager to learn and enjoy the game. Our programme offers an inclusive environment where players of all skill levels can develop their volleyball abilities, teamwork and love for the sport
Fencing	5-6	Open	Fencing remains one of the most popular sports in Shanghai and a growing programme at WCIS. This program introduces pupils to the art of fencing, a dynamic sport that combines agility, strategy and precision.
Badminton	5-6	Open	Have fun and learn to play one of the world's fastest racket sports. Practise serving, smashing, and rallying in fun, energetic sessions. Improve your fitness, coordination, and teamwork while enjoying friendly matches with classmates.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Wind Band	3-13	Invite/Team	The wind band is an ensemble just for wind instruments. The instruments in the wind band are: Woodwind: Flute, clarinet, oboe, saxophone, bassoon Brass: Trumpet, French horn, trombone, baritone/euphonium, tuba Percussion: Drums (various) If you are interested in this please contact: <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a>

## Year 6

### Monday

Name of Activity	Age-Groups	Category	Description
Arts and crafts (drawing)	3-6	Open	Drawing an incredible activity for young people – as both a skill to be developed and as an opportunity for creative expression. Drawing in a mixed group will give pupils the chance to engage and learn from creative peers in this Arts and Crafts space.
Gardening	3-6	Open	This CCA offers pupils the chance to connect with nature and learn about horticulture. Children will engage in planting, cultivating and maintaining the school garden, gaining hands-on experience in growing flowers, vegetables and herbs.
Spanish Culture	3-6	Open	Children will explore various aspects of Spanish culture from around the world. This CCA immerses pupils in the rich traditions and customs of Spanish-speaking countries. Members explore Spanish cuisine, music, dance and festivals through interactive activities and cultural projects.
Chinese Writing Club	4-6	Open	A chance to unlock your creativity and explore Chinese language through engaging writing activities. Explore storytelling, poetry, and descriptive writing while building vocabulary and grammar skills.
First Aid	4-6	Open	This CCA introduces pupils to the medical field through fun and educational activities. Children will learn age-appropriate basic first aid and health and wellness tips. They will look at the roles of healthcare professionals, fostering an early interest in medicine and caring for others.
Cricket	4-6	Open	Learn the laws of the game and develop the skills at the same time while having loads of fun scoring runs and taking wickets. Practise batting, bowling, and fielding in fun, friendly sessions. Build confidence, fitness, and a love for the game while playing with friends.
Rugby (Touch)	4-6	Open	A dynamic and inclusive environment where pupils can develop rugby skills, teamwork and sportsmanship, while having fun competing with each other. In touch rugby, players aim to touch their opponents using their hands to stop play, making it a safer and more accessible introduction to the sport.
Public Speaking	5-6	Open	This popular CCA will help children develop their confidence in speaking in front of others. We work with the Spotlight Theatre School to deliver these sessions and children will have the opportunity to take LAMDA exams
Scrapbook Club (Chinese)	5-6	Open	The Scrapbook Club (Chinese) for Y5-6 students offers a formal platform to engage with Chinese culture and foster creativity, through structured collage activities that integrate characters, art, and narratives into personalized scrapbook creations.
Dragon Dance	5-6	Open	An exciting opportunity to learn and perform the traditional Chinese dragon dance. Pupils practice the intricate movements and teamwork required to bring the dragon to life. The club promotes confidence, physical fitness and coordination, culminating in vibrant performances at school events. It is anticipated that they will continue to do this activity each term.
Podcast Studio	5-6	Open	In this CCA, children will learn to create, record and edit their own podcasts, exploring topics of interest and developing storytelling skills. The CCA encourages creativity, teamwork and communication, as pupils share their voices and ideas with a broader audience.

Experimentalists	5-6	Open	The Experimentalists is a hands-on, exciting CCA where children dive into the world of discovery through various age- appropriate experiments. Pupils explore different concepts and principles by conducting fun and engaging activities across different fields.
Golf (Beginners)	5-6	Open	The Golf for Beginners CCA, led by Cindy Reid and her team, is perfect for pupils who are new to golf and eager to learn the basics. This course is specifically designed for those with no prior golfing experience, ensuring a supportive and easy-to-follow introduction to the sport.
Basketball	5-6	Open	This CCA is designed to develop pupils' skills, teamwork and love for the game. Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Pupils in this CCA are eligible to be selected for the U11 school teams when games are scheduled at various stages of the term.
Tennis (Beginners)	5-6	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA, children will be introduced to fundamental skills such as grip, stance and basic strokes through fun and engaging drills. Competitive potential tennis team members not already involved in the programme should please contact <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Production	5-6	Open	This CCA is for those children wishing to develop their skills for productions. It will focus on similar skills as the Story Book Drama CCA but with some singing and dancing as is required in a musical production. Note that all auditions are held for all productions and participation in this CCA does not guarantee a place in a production.
Battle of the Books	5-6	Open/ Selection	The Battle of the Books CCA aimed at pupils who excel in English and have a passion for reading. This unique literary competition invites pupils to take part in thrilling book-based battles against other schools across Shanghai. Limited spaces available with selection priority giving to top performers in English, ensuring a high level of competition.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Tuesday

Name of Activity	Age-Groups	Category	Description
Arts and crafts (modelling)	3-6	Open	Using modelling to get creative and develop skills to help with expression, this is another CCA for young people who enjoy arts and crafts.
Ballet	3-6	Open	Suitable for those starting or who are relatively new to ballet but excited to explore this wonderful form of dance and expression. The fundamentals of classical ballet will be taught. Children will need to wear the correct ballet clothing.
Arts and crafts (painting)	3-6	Open	A CCA for children to explore and expand their creativity with paint, in a fun and engaging environment.
Photography	3-6	Open	They will learn important elements of photography such as aspect, composition and perspective as they build a portfolio which can be shared and displayed. This CCA is suitable for those children wishing to develop their artistic skills.
Chess	3-6	Open	Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent. Whether you're a seasoned player or eager to learn, our Chess Club offers a fun, challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.
Kung Fu	3-6	Open	The Kung Fu CCA offers a unique opportunity to develop physical fitness, self-discipline and mental focus through this traditional martial art. Pupils will learn a variety of techniques, forms and self-defense skills. Training sessions will emphasize strength, flexibility, coordination and balance.
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Chinese Reading Club	4-6	Open	Develop your reading comprehension, vocabulary, and critical thinking in a fun, interactive environment. Share a passion for reading and stories as well.



Hip Hop (Dance)	5-6	Open	Hip-hop dance is a type of street dance which has become increasingly popular in recent years. This CCA is suitable for all, but children should be ready to take part in some quite physical routines which make for an excellent workout as well. Pupils will need to wear their PE kit for this CCA (leggings are acceptable).
French Culture	5-6	Open	This CCA offers pupils an immersive experience of the rich traditions and customs of France. Through activities such as tasting French cuisine, exploring art and music, learning about historical events and festivals, members deepen their understanding of French culture.
Football (Recreational)	5-6	Open	This CCA is for pupils who are keen to learn and play recreational football in a fun and supportive environment. Children will develop basic football skills such as dribbling, passing and shooting through engaging drills and friendly matches. The emphasis is on teamwork, sportsmanship and having fun while playing.
Netball	5-6	Open	The Netball CCAs is ideal for beginners and developing players eager to learn and improve their netball skills. Pupils will receive guidance on basic techniques, game rules and teamwork through engaging, fun drills and practice sessions.
Maths Competition	5-6	Invite/Team	The school Mathematics team is reserved for Wellington's most talented and dedicated mathematicians. Selection is based on their exceptional skills and problem-solving abilities. Members of the team will represent Wellington in prestigious national and international competitions. To be considered, pupils must demonstrate outstanding mathematical proficiency and a strong passion for the subject.
Leadership Programme	4-6	Invite/Team	These sessions are for those chosen for pupil leadership positions in the school. Information about how to apply for these positions will be shared with pupils at the start of the year. Please contact the head of year for more information.
Mini Sinfonia (Orchestra)	1-6	Invite/Team	Wellington has three orchestras, and we do not hold auditions for any of them. It is important to find the right level of orchestra for each pupil. Please note that the following instruments are in the mini sinfonia: Strings: Violin, viola, cello, double bass.
Junior Orchestra	3-13	Invite/Team	The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays. If you would like to play in one of our orchestras or wind band, please email <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a> and we can discuss which orchestra is most suitable.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

### Wednesday

Name of Activity	Age-Groups	Category	Description
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Table Tennis (Recreational)	4-6	Open	Whether you're new to the sport or looking to improve your skills, this club provides guidance on basic techniques, including grip, serves and returns. Pupils will participate in friendly matches and engaging drills, developing their coordination and reflexes.
Basketball	5-6	Open	This CCA is designed to develop pupils' skills, teamwork and love for the game. Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Pupils in this CCA are eligible to be selected for the U11 school teams when games are scheduled at various stages of the term.
Chess (Team)	4-6	Invite/Team	Wellington's chess team meet on Wednesdays and receive coaching from an external vendor, helping them develop their game further, ultimately competing at local and regional competitions. Please email <a href="mailto:enrichment.shanghai@wellingtoncollege.cn">enrichment.shanghai@wellingtoncollege.cn</a> if you are a high-level chess player and would like to be considered for the team.
Football Squad	5-6	Invite/Team	This is when the football squads train. Teams are selected for matches from the squads. Please refer to the information from the Sports department about try-outs and selection. Pupils will remain in a squad for the term.
Choir	3-6	Open	There is no audition needed to join any of our choirs, just a love of singing and a willingness to commit to taking part in performances and to learn the repertoire. A great option for many pupils, boys and girls, to get involved!



### Thursday

Name of Activity	Age-Groups	Category	Description
Arts and crafts (textiles)	3-6	Open	Working with textiles to explore and expand their creativity, these activities will focus on pupil's workings with textiles as the means to showcase themselves and their talents.
Jazz Dance	3-6	Open	This CCA is suitable for those wishing to improve their dance skills or to develop skills to audition for our many productions. As well as the fundamental skills, pupils will be taught routines and set pieces from various shows as well as studying the choreography of influential figures.
Swimming - Learn to swim	3-6	Open	If your child is anxious around water, this CCA is suitable for them. It is also suitable for those children who are unable to swim. Your child's PE teacher may recommend that they attend this CCA. If you are unsure if this is a suitable CCA for your child, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Chinese Clothing and Accessory Design	4-6	Open	Discover the beauty of traditional and modern Chinese fashion through hands-on design projects. Learn about patterns, colours, and cultural symbols while creating your own clothing and accessories.
Chinese Puzzle and Boardgame	4-6	Open	Sharpen your mind and have fun with classic Chinese puzzles and traditional board games. Learn strategy, problem-solving, and teamwork while exploring cultural favourites. Challenge friends, master new games, and enjoy friendly competition.
First Aid	4-6	Open	This CCA introduces pupils to the medical field through fun and educational activities. Children will learn age-appropriate basic first aid and health and wellness tips. They will look at the roles of healthcare professionals, fostering an early interest in medicine and caring for others.
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